

2016 Cedar Rapids Invite
 Thursday September 8, 2016
 Warm (80's), Sunny, Calm, Muddy course

Name	Mile 1	Mile 2	5K	Place	2015 CR Invite 5K Time*	2015 CR Invite Place	16 5K PR	All Time 5K PR
Maddie Minard			19:53	12	19:41	16 V	19:53	18:58(15)
Addie Swanson			20:10	16	19:50	21 V	20:10	19:19(15)
Abby Riley			20:30	25	20:20	36 V	20:30	19:42(15)
Mallory Lafever			20:50	33	19:12	7 V	20:50	18:40(15)
Chloe Greig			21:21	45	24:59:00	64 FS	21:21	21:21(16) -21
Kayci Gatlin			22:00	66			22:00	22:00(16) -8
Alyssa Farrell			22:04	68			22:04	22:04(16)
				3rd Place				
				124 points				
FS	Mile 1	Mile 2	5K	Place	2015 CR Invite 5K Time*	2015 CR Invite Place	16 5K PR	All Time 5K PR
Lauren Buechel			23:32	18			23:32	23:32(16)
Cecilie Schieffer			23:35	19	23:06	18 FS	23:35	22:41(15)
Shannon Mullen			23:51	22	24:42	55 FS	23:51	23:19(15)
Madison Einck			25:11	48			25:11:00	25:11(16)
Claire Fields			26:15	70			26:15:00	26:15(16)
Emma Meade			26:30	74			26:30	26:30(16)
Marielle Delpilar			26:38	75			26:38	26:38(16)
Holyn Doran			26:38	76			26:38	26:38(16)
Ashley Woodford			26:55	80			26:55	26:55(16)
Sophie Curtis			26:56	81			26:56	26:56(16)
Ruth Davidson			26:57	82	24:34	50 FS	26:57:00	24:34(15)
Caroline McCauley			26:58	83			26:58:00	26:58(16)
Natalie Cremer			27:01	84	25:21	71 FS	27:01:00	24:34(15)
Solange Bolger			27:44	106			27:44:00	24:33(15)
Maya Johnson			28:31	118			28:31:00	28:31(16)
Kristyn Tuttle			28:32	120			28:32:00	28:32(16)
Ashlee Soultz			28:43	126	27:05	114 FS	28:43:00	24:46(15)
Meredith Jones			28:56	130	26:42	109 FS	28:56:00	25:26(15)
Ava Stigler			29:20	139			29:20:00	29:20(16)

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Sara Danielson			30:39	153	27:32	127 FS	30:39:00	25:12(15)
Riya Bhandarkar			31:00	154			31:00:00	31:00(16)
Tyra Williams			31:31	162			31:31:00	31:31(16)
Amber Thomsen			DNF					
Joslyn Schafer			DNF		23:24	26 FS		23:24(15)
				4th Place				
				152 Points				
JV	Mile 1	Mile 2	5K	Place	2015 CR Invite 5K Time*	2015 CR Invite Place	16 5K PR	All Time 5K PR
Caroline Christophersen			22:02	7	22:12	8 FS	22:02	21:17(15)
Laura Brown			22:19	9	21:32	4 FS	22:19	21:07(15)
Lily Jones			22:25	11			22:25	22:25(16)
Nicole Knedler			22:29	12	22:23	9 FS	22:29	21:18(15)
Kaitlyn Evans			23:27	23	22:42	25 JV	23:27	22:42(15)
Elizabeth Honeycutt			23:46	28			23:46	23:46(16)
Katie Morrissey			24:04:00	35	26:35	158 JV	24:04:00	24:04(16) -2:3
Grace D'Antico			24:11:00	42	22:11	7 FS	24:11	22:05(15)
Abbey Schaller			24:15:00	45	26:34	156 JV	24:15	24:14(16) -12
Laura Newman			24:19	48	26:08	88 FS	24:19	24:19(16) 1:01
Abby Davison			24:42	55			24:42	24:42(16)
Roshni Nair			25:02	64	23:34	33 FS	25:02	23:34(15)
Melissa Gatlin			25:38	77	25:36	80 FS	25:38	24:09(15)
Emma Hartz			26:25	103	25:22	72 FS	26:25	24:38(15)
McClain Acri			26:49	117	25:49	122 JV	26:49	25:18(15)
Emily Nutt			26:52	119	27:07	173 JV	26:52	25:50(15)
Hallie Jones			26:55	122			26:55	26:55(16)
Megan Hackney			26:57	124	27:20	182 JV	26:57	25:27(15)
Keeli Richards			27:05	128			27:05	27:05(16)
Hannah Deutmeyer			27:08	129	27:28	124 FS	27:08	25:12(15)
Sydney Prochaska			27:17	132	22:46	11FS	27:17	22:12(15)
Ashlyn Haack			27:45	155			27:45	27:45(16)
Jasmyn Whitfield			27:47	159			27:47	27:47(16)
Morgan Parkhurst			28:08	172			28:08	28:08(16)

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Morgan Horaney			28:08	173	27:46	133 FS	28:08	25:31(15)
Ramya Banda			28:18	177	27:12	116 FS	28:18	25:13(15)
Kelsey Borbeck			28:49	192	29:06	210 JV	28:49	26:19(15)
Jenna Hoover			28:54	196			28:54	28:54(16)
Lillie Klauer			28:55	197	26:40	163 FS	28:55	25:24(15)
Sarah Meyers			29:00	201			29:00	29:00(16)
Lauren Barlow			29:19	207	29:52	161 FS	29:19	27:57(15)
Erin Woodford			29:19	208			29:19	29:19(16)
Isabella Perales			30:27	231			30:27	30:27(16)
Isabel Bebber			30:33	234			30:33	30:33(16)
Sydney Einck			30:40	235	30:22	169 FS	30:40	28:37(15)
Jasmin Lindstaedt			31:53	260			31:53	31:53(16)
Kylee Camlin			32:06	261			32:06	32:06(16)
Megan Mitchell			34:21	274	40:02	205 FS	34:21	28:26(15)
Corinne Richland			37:38	282			37:38	37:38(16)
Josie Sack			DNR					
Tiffany Engler			DNR		28:37	146 FS		26:12(15)
			2nd Place					
			62 Points					