REGIONALS/DISTRICTS
Thursday, October 20, 2016

Location: Crow Creek Park in Bettendorf

Teams: Bettendorf, Burlington, Cedar Rapids Prairie, Clinton, Davenport Central, Davenport North, Davenport West, Iowa City West, North Scott, Pleasant Valley (Box 3)

Dismissed @ 2:15pm; Bus @ 2:30 pm

4pm- Girls Race
4:30pm- Boys Race
5:15pm – Awards Ceremony

Name	Mile 1	Mile 2	5K (Pace)	Place	2015 District Time/Place	'16 5K PR	All Time 5K PR
Maddy Minard	5:56	12:22(6:26)	19:36(6:20)	7	19:19(6:140 / 6	19:13	18:58(15)
Addie Swanson	6:08	12:31(6:23)	19:33(6:17)	6	20:46(6:42) / 21	19:21	19:19(15)
Mallory Lafever	6:07	12:28(6:21)	20:00(6:27)	11	19:06(6:10) / 4	19:43	18:40(16)
Abby Riley	6:07	12:34(6:27)	19:53(6:25)	10	20:28(6:36) / 15	19:48	19:42(15)
Chloe Greig	6:31	13:21(6:50)	21:01(6:47)	22		20:12	20:12(16)
Laura Brown	6:31	13:14(6:44)	20:52(6:44)	20		20:18	20:18(16)
Caroline Christophersen		13:27	21:49(7:02)	33		20:20	20:20(16)
54 points 2nd Place State Qualifiers							
Alternates							
Lauren Buechel						20:38	20:38(16)
Lily Jones						20:45	20:45(16)
Cecilie Schieffer						20:58	20:58(16)