

2013 PND Invite
 Saturday, September 21, 2013
 Weather: Mid 60's, sunny, calm

| Varsity-10 | Mile 1 | Unofficial 4K Split | 3 Mile (Pace) | Place | 2012 Time/Place | 13 PR | All-Time PR(Yr) |
|-------------------|---------------|----------------------------|----------------------|------------------------|------------------------|--------------|------------------------|
| McKenzie Yanek | 5:30 | 14:03 | 16:48(5:36) | 1 | 17:37/12 V | 14:03 | 14:03(13) |
| Maddie Reynolds | 5:53 | 15:09 | 18:10(6:04) | 27 | 18:20/43 V | 15:17 | 14:20(12) |
| Addie Royer | 5:56 | 15:20 | 18:21(6:07) | 42 | 18:24/46 V | 15:43 | 14:28(11) |
| Addie Swanson | 5:58 | 15:31 | 18:38(6:13) | 67 | | 15:36 | 15:36(13) |
| Claire Schwarz | 6:15 | 16:12 | 19:25(6:29) | 158 | 19:29/149 V | 16:17 | 15:34(12) |
| Carly Donahue | 6:15 | 16:12 | 19:27(6:30) | 165 | DNR | 16:24 | 15:57(12) |
| Maddie Guenzler | 6:19 | 16:31 | 19:33(6:31) | 171 | 20:29/280 V | 16:39 | 16:28(12) |
| Maddie Flynn | 6:40 | 16:41 | 19:56(6:39) | 218 | 20:37/70 FS | 16:13 | 16:13(13) |
| Allison Denny | 6:38 | 17:12 | 20:39(6:53) | 299 | 21:22/107 FS | 16:48 | 16:48(13) |
| Kierstyn Feld | 6:30 | 17:05 | 20:40(6:53) | 300 | 20:07/235 V | 16:09 | 16:09(13) |
| | | | | 6th 289 points | | | |
| FS-10 | Mile 1 | Unofficial 4K Split | 3 Mile (Pace) | Overall Place | 2012 Time/Place | 13 PR | All-Time PR(Yr) |
| Caroline Mack | 6:43 | 17:35 | 20:58(7:00) | 118 | DNR | 18:29 | 18:29(13) |
| Alyssa Brown | 6:35 | 17:39 | 21:13(7:05) | 134 | 20:22/52 FS | 17:41 | 16:56(12) |
| Maureen Thomsen | 6:50 | 17:56 | 21:38(7:13) | 156 | | 17:49 | 17:49(13) |
| Kaitlyn Evans | 7:05 | 18:27 | 21:58(7:15) | 172 | | 18:13 | 18:13(13) |
| Valerie Feld | 6:37 | 18:22 | 22:02(7:21) | 174 | | 17:54 | 17:54(13) |
| Bobbi Malmgren | 6:39 | 18:55 | 22:16(7:26) | 193 | 23:04/218 FS | 18:33 | 18:20(12) |
| Jenna Hoover | 7:07 | 18:28 | 22:17(7:26) | 194 | | 18:39 | 18:39(13) |
| Sarah Oswald | 7:14 | 18:32 | 22:34(7:32) | 210 | DNR | 18:08 | 18:08(13) |
| Abbey Schaller | 7:20 | 19:15 | 22:49(7:37) | 226 | | 18:09 | 18:09(13) |
| Regan German | 7:20 | 19:16 | 23:03(7:41) | 235 | 21:26/101 FS | 18:35 | 17:27(12) |
| | | | | 25th 688 points | | | |
| JV | Mile 1 | Unofficial 4K Split | 3 Mile (Pace) | Overall Place | 2012 Time/Place | 13 PR | All-Time PR(Yr) |
| Erin Moser | | 17:21 | 20:50 | | 21:30 | 17:02 | 16:33(10) |
| Megan Lederman | | 17:24 | 21:03 | | DNR | 17:29 | 16:32(11) |
| Jenni Kruse | | 18:08 | 21:44 | | 22:43:00 | 17:10 | 17:10(13) |
| Chloe Nelson | | 18:14 | 21:45 | | 22:11 | 17:06 | 16:43(10) |
| Kayla Schmell | | 18:21 | 21:59 | | 20:41/76 FS | 18:18 | 16:58(12) |
| Mickey Malmgren | | 18:36 | 22:05 | | 22:18 | 17:42 | 14:25(10) |
| Maddie Morrison | | 18:23 | 22:05 | | 21:21 | 17:43 | 17:11(11) |
| Maggie Burke | | 18:55 | 22:18 | | 22:04/176 FS | 19:08 | 16:35(12) |
| Grace Sack | | 18:38 | 22:20 | | | 19:02 | 19:02(13) |
| Madison Johnson | | 18:56 | 22:30 | | | 19:12 | 19:12(13) |
| Alexis Cordts | | 19:15 | 23:01 | | | 19:06 | 19:06(13) |
| Erin Kammerer | | 19:02 | 23:11 | | | | |
| Ali Van Raalte | | 19:52 | 23:31 | | 23:43 | 20:04 | 19:57(12) |
| Hannah Gassaway | | 19:47 | 23:34 | | | 19:48 | 19:48(13) |

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|----------------------|--|----------|----------|--|----------|----------|------------|
| Ellie Andorf | | 20:12 | 24:05:00 | | 25:34:00 | 19:43 | 19:40(12) |
| Lillie Klauer | | 20:12 | 24:12:00 | | | 19:53 | 19:53(13) |
| Emily Nutt | | 20:12 | 24:15:00 | | | 20:20 | 20:20(13) |
| Grace Staebell | | 20:45 | 24:32:00 | | | 19:50 | 19:50(13) |
| Jacinta Arriaga | | 20:41 | 24:53:00 | | 25:41:00 | 19:30 | 19:30(13) |
| Anna Rodriguez | | 21:49 | 25:40:00 | | 26:47:00 | 20:01 | 20:01(13) |
| Sam Richard | | 21:49 | 25:42:00 | | DNR | 21:39 | 20:33(11) |
| Marah Tews | | 21:25 | 25:51:00 | | | 20:13 | 20:13(13) |
| Angela Rauwolf | | 21:46 | 25:55:00 | | | 20:05 | 19:48(10)? |
| Carrie Breckenfelder | | 21:49 | 25:56:00 | | 28:05:00 | 21:17:00 | 21:17(13) |
| Sarah Bowman | | 21:33 | 26:01:00 | | | 22:58 | 22:58(13) |
| Courtney Dankert | | 22:14 | 26:27:00 | | | 23:58 | 23:58(13) |
| Jessica Garcia | | 22:10 | 26:28:00 | | 27:39:00 | 21:21:00 | 21:21(13) |
| Hannah Mathews | | 22:17 | 26:50:00 | | | 21:52 | 21:52(13) |
| Haley Pangan | | 22:17 | 26:50:00 | | 31:36:00 | 22:26:00 | 22:26(13) |
| Jordyn Tuttle | | 22:17 | 27:02:00 | | | 22:31 | 22:31(13) |
| Annie Brown | | 23:42 | 28:08:00 | | | 22:24:00 | 22:24(13) |
| Esther Chovan | | 24:26:00 | 28:16:00 | | | 23:31:00 | 23:31(13) |
| Hannah McKay | | 25:15:00 | 29:25:00 | | | 23:08:00 | 23:08(13) |
| Paige Carter | | 25:41:00 | 30:42:00 | | | 27:07:00 | 27:07(13) |
| Jenna Duncan | | ? | 30:51:00 | | ? | 25:47:00 | 20:57(12) |
| Hannah Griggs | | 25:48:00 | 31:00:00 | | 29:07:00 | 25:50:00 | 23:51(12) |
| Sarah Allen | | ? | 31:03:00 | | 31:38:00 | 24:26:00 | 24:13(12) |
| Kaylee Dockerty | | | 37:23:00 | | 37:27:00 | 30:24:00 | 28:48(12) |
| | | | | | | | |
| | | | | | | | |
| DNR | | | | | | | |
| Bri Alman | | | | | 21:59 | 16:29 | 16:29(13) |
| Katie Melbourne | | | | | 21:40 | 17:05 | 17:05(13) |
| Lorraine Arikat | | | | | | 18:18 | 18:17(11) |
| Hannah Sturtzer | | | | | | 18:52 | 18:52(13) |
| Audrey Ehlers | | | | | DNR | 18:58 | 18:56(12) |
| Regen Odegard | | | | | 24:23:00 | 19:04 | 19:04(13) |
| Abby Elceser | | | | | | 19:05 | 19:05(13) |
| Cora Meyers | | | | | | 19:07 | 19:07(13) |
| Christina Meadows | | | | | | 19:23 | 19:23(13) |
| Kelsey Clingsmith | | | | | 24:36:00 | 19:42 | 19:42(13) |
| Olivia Mowbray | | | | | | 19:46 | 19:46(13) |
| Abby Esters | | | | | 22:09 | 20:35 | 17:41(12) |
| Natalia Zagorska | | | | | | 20:35 | 20:35(13) |
| Marisa Peebles | | | | | 28:43:00 | 21:41:00 | 21:41(13) |
| Bailey Stewart | | | | | 28:01:00 | 22:27 | 22:27(13) |
| Maddie Bowman | | | | | 28:32:00 | 22:28:00 | 21:28(12) |
| Kate Staebell | | | | | DNR | 26:11 | 19:25(11) |
| Morgan Stone | | | | | | 26:16:00 | 26:16(13) |
| Jordan Simon | | | | | | | |